Welcome to LEAP Canada

Our "Work: Jobs, Internships and Research Opportunities & Queen's University" webinar will begin shortly!



Overview of LEAP	Work Panelists	Panel Discussion	Q/A Period
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Break	ueen's University Panelists	Panel Discussion	Q/A Period
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Overview of LEAP



- We're dedicated to helping students **learn** more about the post-secondary institution they
 have committed to through our speaker panels focused on student life, academics,
 extra-curriculars, soft skills, and more
- We want to empower students to find their own personal brand and be confident heading into their first year of university, which will be full of life-changing experiences
- We **assist** students in the process of applying, choosing the right post-secondary institute for them, and transitioning to university life through our resource portals and mentorship program
- We want to prepare students through insight and guidance to be ready for an unforgettable post-secondary experience, no matter where they are headed

David Chen

Western University 3rd Year, Interdisciplinary Medical Sciences

- Research Assistant at Western University
- Research Assistant at Oxford University \rightarrow
- Research Student at St. Michael's Hospital \rightarrow
- Research Assistant at Sunnybrook Research Institute
- Aquatic Supervisor and National Lifeguard Instructor
- **Executive Assistant of CAISA Fashion Show**







Grace Bilodeau

Wilfrid Laurier University 2nd Year, Bachelor of Business Administration

- KPMG US Tax M&A Infrastructure Intern summer 2019
- Cupible Co-founder and CEO
- EarthSuds VP of HR and Payroll
- Director of Events Laurier Pre-Law Society
- Loblaws Picker
- Loves travelling, photography and DOGS \rightarrow







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Luke Edward

Western University
2nd Year, Computer Science

- → Project Management Intern at Rogers (R4B IT Service Delivery & Vendor Management
- → Former Front-end Developer at Aire One
- → Former Front-end Developer at Logics
- → Founder of BookSmart (iOS & Android app start up sponsored by IBM and Gov. of Canada)



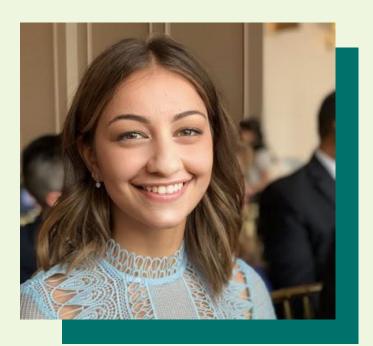




Neeki Alavi

University of Toronto 3rd Year, Physiology and Pharmacology Double Major

- → Current Research Assistant at UBC Life Sciences Institute
- → Current Research Student at UPenn
- → Former Research Assistant at Toronto General Hospital
- → Former Undergraduate Research Student at UofT
- → Loves graphic design (@healthxvisuals), travelling, and tennis





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PANEL DISCUSSION

- → Past Experiences
- → Job Search Process
- → Networking





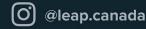




Past Experiences

Describe an internship you found most fulfilling and how you got it







Past Experiences

Best and worst work experience? What did you learn from this?







Past Experiences

How much experience do you need prior to working on an internship, research or job?

How important is it to have an internship / research experience during your first-year summer?









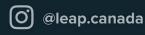
Job Search Process

Where can I find an internship / research position?

What was your success rate with internship / research applications?

Briefly outline your personal recruitment timeline







Job Search Process

What are some key tips to nail an interview?

How was the process of applying for an international internship?

What should one do to be offered a full-time position after the internship?









Job Search Process

What resources or methods did you find helpful during the job search process?







What exactly is networking & coffee chats?







Ways to network and events recommended for connecting

How to and what should you say when you approach others

Tips for shy people?









How do you effectively use LinkedIn or network?

Who has helped you (from networking) to get the job that you had in the past or now?







Advice for successful coffee chats?









Feel free to ask any questions in the chat box!









David Chen



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Grace Bilodeau



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Luke Edward



in /luke-edward/



Neeki Alavi



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QUICK BREAK

Thank you for joining us in PART I of the webinar! We will be back in a couple minutes to discuss Queen's University specific questions.





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Jueen's

Queen's University
Panelists

Panel Discussion

Q/A Period



Queen's University 4th Year, Life Sciences

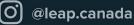
- Scinapse Queen's Tutor and Financial Director
- QCRI Research Assistant (2020/21)
- TAPS Kitchen Manager
- Former NEWTS Orientation Week GECKO
- Former TAPS Kitchen staff and Bartender \rightarrow
- West Campus Survivor

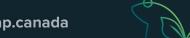












Michelle Lam

Queen's University 2nd Year, Commerce

- 2020 Camp Coordinator and COVID-19 Reopening \rightarrow Strategist
- Incoming Summer 2021 PwC Tax Intern
- Queen's Case Competition Union Competitor
- \rightarrow Queen's Accounting Association Promotions Coordinator
- Former Team Canada Taekwondo Athlete







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Sophia Ludovice

Queen's University 3rd Year, Chemical Engineering

- Former Renewable and Clean Energy Intern Engineer at Hatch
- Director of Sponsorship at Queen's Global Energy Conference
- Volunteer at AMS Food Bank at Queen's
- Loves dance, baking and space







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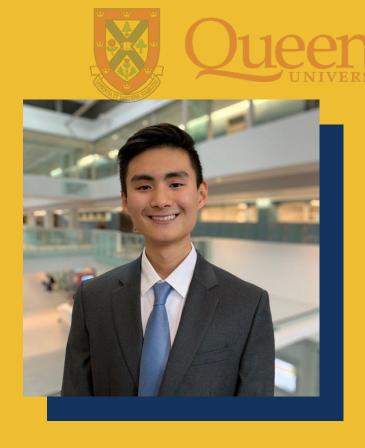




Jacob Lee

Queen's University
3rd Year, Applied Economics/Business Administration

- → Former VP SWAM & Marketing Director at Queen's Pre-Law Society
- → Financial Assistant at Habitat for Humanity Summer 2020
- → Transferred to Western, starting Ivey HBA Fall 2020
- → Loves swimming, basketball (Raptors), and History podcasts







PANEL DISCUSSION

- → To Start Off...
- → Academics
- → Residence

- → Experiences: Clubs and ECs
- → Financial Aid: Scholarships,

Bursaries, and Awards







To Start Off...

Why did you choose Queen's University?







To Start Off...

Common mistakes that first-years make at Queen's? What would you tell your first-year self?

- → Put yourself out there!
 - It can be tough finding the right group of people, but the more people you meet, the better idea you get of who you fit in well with







To Start Off...

How is the social life, environment, and culture like at Queen's and in Kingston?

- → (Sophia) The strong sense of community
 - Very active student body, community in your program, social life
- → (Michael) Party life, controversies and stolenbysmith

Best parts about campus?









Academics

Specific bird courses for first-years and notable professors?

- → (Jacob) MUSC171, PHIL111 with Sergio Sismondo
 - If you don't have to take it, or aren't passionate about it, try and avoid PSYC100
- → (Michael) ASTR 101, ANAT 100

How was your program in terms of difficulty?









Experiences: Clubs and ECs

What was your involvement in clubs, ECs, and sports during the first two years?

First year internship/research opportunities?







Residence

What was your residence experience like at Queen's?

- → (Jacob) Victoria Hall is the biggest, with Lazy just downstairs
 - Be prepared for fire alarms 24/7
 - ◆ Brant & Watts is really nice if you are looking into a single plus
- → (Sophia) I'm from Leonard Hall, which was definitely the most fun in my biased opinion







Residence

Transportation for getting around campus? Recommendations for commuters?

- Bus passes would be included in your student fees and you can use the Kingston public transit with your student card
- Can pretty much walk anywhere
 - Queen's campus is pretty small with the downtown cluster close
 by







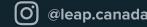
Financial Aid

What are some resources, both externally and at Queen's?

- → OSAP and Trudeau Bucks (\$\$ Tru-dough \$\$)
- → Automatic Entrance Scholarships:
 - https://www.queensu.ca/studentawards/admission-awards/automatic-admission-scholarship
- → Other Scholarships, bursaries, and programs:
 - https://www.queensu.ca/studentawards/
- → Line of credit











Feel free to ask any questions in the chat box!







We hope our webinar was helpful to you and we hope to see you next time! Don't hesitate to email us any of your questions to info.leap20@gmail.com or check us out at www.leapcanada.org.









Michael Fotheringham





Michelle Lam





Sophia Ludovice





Jacob Lee

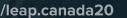


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UPCOMING WEBINARS

August 4 - Summer 2020 To-Dos & McMaster

August 11 - Impacts of COVID-19 & Brock

August 18 - General & McGill

August 25 - University Prep: Incoming High School Graduates & Waterloo/Laurier





