# Welcome to LEAP Canada

Our "Impacts of COVID-19 and Brock University" webinar will begin shortly!







Overview of LEAP COVID-19 Panelists Panel Discussion Q/A Period

Quick Break

Brock University
Panel Discussion

Q/A Period

## Overview of LEAP



- We're dedicated to helping students **learn** more about the post-secondary institution they
  have committed to through our speaker panels focused on student life, academics,
  extra-curriculars, soft skills, and more
- We want to empower students to find their own personal brand and be confident heading into their first year of university, which will be full of life-changing experiences
- We **assist** students in the process of applying, choosing the right post-secondary institute for them, and transitioning to university life through our resource portals and mentorship program
- We want to prepare students through insight and guidance to be ready for an unforgettable post-secondary experience, no matter where they are headed

## **Daniel Krowchuk**

Brock University 2nd Year, Honours Medical Sciences

- Brock Leaders Citizenship Society Secretary
- Brock University Students' Administrative Council, At-Large Rep.
- Brock University Men's Curling
- **BookWorm Initiative Director of Community** Relations
- MedPlus Level 2 member







leap.canada20





## **Lily Azzopardi**

University of Western Ontario 2nd Year, Honours Classical Civilization

- Vice President of Events for the Arts and **Humanities Student Council**
- President of The Classics Society for the Classics Department
- Western Scholar
- Loves to sing, cook, binge netflix and listen to records.





/leap.canada20



## **Sheldon Lai**

University of Waterloo 2nd Year, Honours Science and Business (co-op)

- → Business Development Lead at Pure Octane
- → Marketing Specialist at TELUS Communications
- → Upcoming Market Development Associate at Pitstop
- → Loves golf, soccer, hiking, and fitness
- → Enjoys binge watching Youtube and Netflix and hanging out with friends and eating food!











## Sidra Mohammed

University of Guelph Recent Graduate, Honours Food Science (co-op)

- → Crisis Responder with KHP
- → Former Peer Helper with UoG Career Services & Wellness Centre
- → Former R&D Technician with Griffith Foods
- → Recipient of the W.C. Winegard Medal, and Class of '51 O.A.C Leadership Prize
- → Hobbies include cake decorating, henna art, and bike riding







## PANEL DISCUSSION

- → Online Academics
- → Productivity

→ Online - Social

→ Final Tips







## **Online - Academics**

## What is the format for lectures and tutorials/labs?

- (Sheldon) Lectures come in powerpoint formats and labs were online where data results and procedures are given in advance
  - Some professors do weekly live sessions; majority do voice over recording on powerpoints

Are the lectures recorded or live?

Are the lectures interactive?









## **Online - Academics**

# How was the transition from in-class lectures to online lectures? What did you change?

What was the most difficult thing about university going online?

What are the best note-taking or studying strategies for online learning?







## **Online - Social**

# How can I make friends, network, or get involved in ECs/clubs virtually?

- → (Lily) Take advantage of study groups
  - ◆ New class = new study group = new friends
- → (Sidra) LinkedIn is a great professional resource & Facebook can help connect you to other students







## **Online - Social**

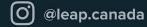
## How will events run? Are they going to be all over Zoom?

- → (Lily) Despite the need for social distancing, club events are not limited to platforms like Zoom
  - Examples: long distance activities, care packages, and outdoor off campus events

How does this impact the club "culture"?









## **Online - Social**

# Will students "miss out" if they stay at home vs going back on campus?

→ (Sidra) Each has its pros and cons but ultimately it comes down to your situation and what will work best for you







## **Productivity**

# Best time management and organizational tips during an online semester?

- → (Sidra) Use the Google / Outlook calendar & Microsoft Teams! They have some great features
  - Stay accountable by forming study groups to go over lectures, assignments and exam prep







## **Productivity**

## How can I build my daily routine so I stay focused?

→ (Lily) Space it out. Don't study for five hours at a time, instead take lengthy breaks between each study hour

How can I not get distracted?







## **Final Tips**

# What final piece of advice would you give to first-year university students?

- → (Lily) As first years, especially those in residence, you'll feel confined to your room with no motivation, don't let that stop you from pursuing opportunities within your university
- → (Sidra) If it scares you, do it (i.e. one challenge a semester). Also, learn about office ergonomics!



leap.canada20







Feel free to ask any questions in the chat box!





## **CONTACT US**



**Daniel Krowchuk** /danielkrowchuk140201/



Lily Azzopardi

in /lilyazz23/



Sheldon Lai





Sidra Mohammed

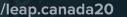


/sidra-mohammed-7b6851165/











## enjoying our webinars and want to join us?

# LEAP IS RECRUITING!

Strategy Analyst
Social Media Coordinator
Campus Ambassador
Brand Ambassador

Find job descriptions and applications at linktr.ee/LEAPCanada

## **UPCOMING WEBINARS**

August 18 - General & McGill

August 25 - University Prep: Incoming High School Graduates & Waterloo/Laurier





# QUICK BREAK

Thank you for joining us in PART I of the webinar! We will be back in a couple minutes to discuss **Brock University** specific questions.





## Overview of LEAP



- We're dedicated to helping students **learn** more about the post-secondary institution they
  have committed to through our speaker panels focused on student life, academics,
  extra-curriculars, soft skills, and more
- We want to **empower** students to find their own personal brand and be confident heading into their first year of university, which will be full of life-changing experiences
- We **assist** students in the process of applying, choosing the right post-secondary institute for them, and transitioning to university life through our resource portals and mentorship program
- We want to **prepare** students through insight and guidance to be ready for an unforgettable post-secondary experience, no matter where they are headed



Brock U Panelists Panel Discussion Q/A Period

## Adithya Sethumadhavan

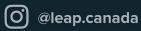
Brock University

1st Year, Biochemistry with Minor in Philosophy

- → Brock University Students' Administrative Council Representative for the Faculty of the Math and Sciences
- → Treasurer of the Sigma Chi Fraternity at the Brock University Chapter
- → Executive member of the Tamil Students Association
- → I enjoy playing tennis and basketball









## **Bilal Khan**

Brock University
Recent Graduate, Honours Accounting

- → Ontario College Diploma Accounting, Mohawk College 2016
- → Former Brock University Students' Union President
- → Former Brock University Students' Administrative Council Councillor
- → Former Brock University Board of Trustees
  Trustee
- → Former Brock University Senate Senator





leap.canada20





## **Daniel Krowchuk**

Brock University
2nd Year, Honours Medical Sciences

- → Brock Leaders Citizenship Society Secretary
- → Brock University Students' Administrative Council, At-Large Rep.
- → Brock University Men's Curling
- → BookWorm Initiative Director of Community Relations
- → MedPlus Level 2 member









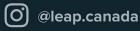
## Niveditha Sethumadhavan

Brock University
Recent Graduate, Honours Business Communication

- → Recipient of the Board of Trustees Graduating Student Award
- → Current CEO & Founder of Yellow Cup Consulting
- → Current Mentor at Project Snapshot
- → Former Brock University Students' Union Vice-President of External Affairs
- → Former Ontario Undergraduate Student Alliance Board of Director









## PANEL DISCUSSION

→ To Start Off...

Residence

→ Academics

- → Financial Aid
- Experiences: Internships, Clubs, and ECs







## To Start Off...

Why did you choose Brock University?



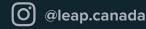




## To Start Off...

What are some common mistakes that people make in their first-year?







## To Start Off...

How is the social life, environment, and culture at Brock and St. Catherines?

Best parts about campus?









## **Academics**

# Specific bird courses for first-years and notable professors?

→ Niveditha: ASTRO, ERSC, ENSU, Peter Lester (Film), Derek Foster (Communication)

How was your program in terms of difficulty?

Brief advice on the application process?







## **Experiences: Internships, Clubs, and ECs**

What was your involvement in clubs, ECs, and sports during the first two years? Any recommended ECs?

First year internship/research opportunities?









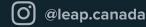
## Residence

## What was your residence experience like at Brock?

What and how was the meal plan system?









## Residence

What and how is the transportation for getting around campus? Any recommendations for commuters?







## **Financial Aid**

What are some financial resources, both externally and at Brock University?









Feel free to ask any questions in the chat box!







We hope our webinar was helpful to you and we hope to see you next time! Don't hesitate to email us any of your questions to info.leap20@gmail.com or check us out at www.leapcanada.org.









Adithya Sethumadhavan



/adithya-sethumadhavana5a6251b1/



Bilal Khan



/khanbilal/



Daniel Krowchuk



/danielkrowchuk140201/



Niveditha Sethumadhavan

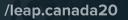


in /niveditha-s/











## enjoying our webinars and want to join us?

# LEAP IS RECRUITING!

Strategy Analyst
Social Media Coordinator
Campus Ambassador
Brand Ambassador

Find job descriptions and applications at linktr.ee/LEAPCanada

## UPCOMING WEBINARS

August 18 - General & McGill

August 25 - University Prep: Incoming High School Graduates & Waterloo/Laurier



